



Take Out Menu
Call 250-726-4811 to place your order!

Snacks & Salads

West Coast Chowder | 9 / 14 (GF)

West coast chowder, made with salmon, ling cod, clams, bacon, potato, mirepoix, served with fresh bread

Albacore Tuna | 17 (GF)(DF)

Albacore tuna, soy citrus reduction, served with cabbage & winter vegetable slaw, coriander aioli and root vegetable chips

Chicken Wings | 16 (GF)

Chicken wings seasoned with lemon & thyme sea salt, served with hot sauce, ranch, or citrus soy with green onion and sesame

Lettuce Wraps | 16 (GF)(DF)

Szechuan chicken, sweet chili, cilantro, crispy wontons, Szechuan sauce served with Lettuce wraps

Nachos | 19 (GF)

Tortilla chips topped with diced tomato, onion, roasted corn, layered cheddar, jalapeno peppers, house made salsa fresca and crème fraiche
+ add guacamole 3 + add chicken 9 + add steak 8

Broccoli and Kale Caesar Salad | 15 (GF)

Roasted broccoli and kale, with parmesan seed crisp, fresh grated parmesan, chili flakes, fresh lemon, and creamy Caesar dressing

Quinoa & Root Vegetable Salad | 18

Quinoa & root vegetables tossed with pumpkin seeds, cashews, crispy fried Brussel sprouts, topped with glory bowl dressing
Add Tofu or Chicken | 7

Entrees

Big Beach Burger | 19

Beef burger placed on a brioche bun topped with bacon, cheddar, fresh tomato, lettuce, garlic aioli, pickle wedge served with house cut fries

Chicken Sandwich | 19

Chicken breast a la plancha placed on fresh focaccia, topped with bacon, lettuce, tomato, cheddar, red onion, and garlic aioli served with house cut fries

West Coast Pot Pie | 22

Ling Cod, salmon, corn, potato, and mirepoix mixed with a creamy dill sauce, topped with crispy filo

Beef Stroganoff | 23

Beef tenderloin, egg noodles, wild and cultivated mushrooms, creamy stroganoff sauce, served over tender egg noodles with fresh bread on the side.

Vegan Cottage Pie | 19

Squash puree mixed with roasted vegetables, black beans, chickpeas topped with crispy seeds & nuts